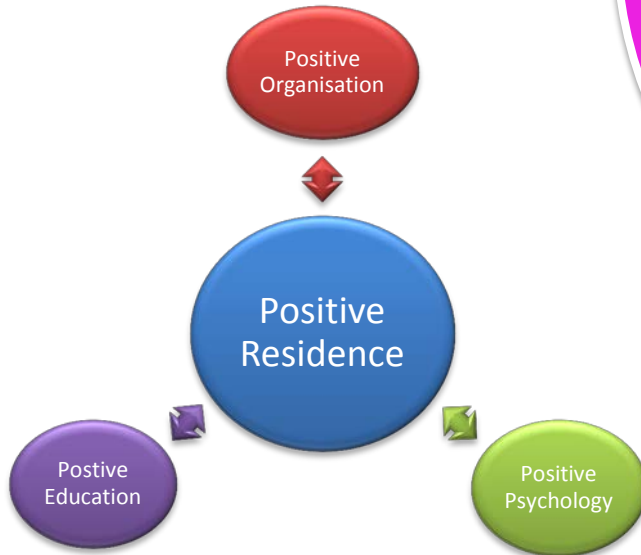# What is a Positive Residence?

A positive residence is a university residence that applies all that is known about positive organisations, positive education and positive psychology, maximising the well-being of the organisation, teams and individuals associated with the residence.

Positive Organisation

Positive Residence

Postive Education

Positive Psychology

What is Positive Education? (Learning Well)

Positive Education is the development of educational environments that enable the learner to engage in established curricula in addition to knowledge and skills to develop their own and others' wellbeing.

What is a Positive Organisation? (Managing Well)

A Positive Organisation is one who's leadership and management seek to enhance the use of strengths, positive communication, positive emotions and positive relationships of all those associated with the organisation.

What is Positive Psychology? (Being Well)

Positive psychology is the science of optimal human functioning. It seeks to examine what is right rather than what is wrong. The applications of this science seek to improve people's wellbeing, both feeling good and functioning well.

SO HOW DOES KOOLOOBONG DELIVER THIS?

Here at KBV we believe that we can help you develop positive habits that enhance your well-being, allowing you to not only feel good but function well. It is our vision *to foster life-long well-being, enabling our residents to live out loud.*

One example of how we achieve this is by providing our residents with daily events and activities as per our "Live Out Loud" (LOL) Program. *LOL* is a comprehensive and sustainable program which promotes and enables lifelong wellbeing for all people connected to KBV by ensuring all aspects of the Wheel of Well-being (WoW); Body, Mind, Spirit, People, Place and Planet are included and that all events and activities have achieved a "positive" well-being rating in accordance with our Well-being informed planning methods.

LIVE OUT LOUD
CONNECT:
KOOLOOBONG VILLAGE